

Kayla Stephens, DPT



Kayla earned her Doctor of Physical Therapy degree from the University of Montana after completing her Bachelor's degree in Exercise Science with a minor in Hispanic Studies at Montana State University. She is passionate about providing individualized, evidence-based care across a wide range of patient populations. She enjoys developing holistic treatment plans that empower patients through education, functional interventions, and tailored home programs that support each patient's unique goals and lifestyle.

Outside of the clinic, Kayla enjoys ranching, riding/training horses, and rodeoing alongside her husband, as well as enjoying all Montana has to offer by fishing, hiking, boating, and skiing.



***We relieve pain, restore function
and renew hope!***