

Zena Capko, DPT



Zena earned her Doctorate of Physical Therapy as a Graduate from University of Mary in Bismarck, North Dakota. While in PT school Zena became certified in pelvic health through the APTA. While in PT school she worked in both the acute care and outpatient settings with orthopedic, geriatric, pediatric, sports rehab, and women's health specialties. The primary focus of Zena's career is women's health, pediatrics, sports rehab, and orthopedics. She continues to expand her clinical skills via continuing education and utilizes evidenced based practice while creating treatment plans centered around her patient's goals.

Zena grew up in Corvallis Montana in the Bitterroot Valley. She enjoys almost all outdoor activities, coaching sports, running, riding horses in endurance rides, and spending time with her large family.



***We relieve pain, restore function
and renew hope!***